

U8 Short Sided Games

Field Dimensions: The field of play shall be rectangular, with length no more than 50 yards and its width no more than 25 yards. The length in all cases shall exceed the width.

AYSO Recommendation: Length:50 yards, Width: 25 yards

Markings: Distinctive lines not more than five inches wide.

- a. A halfway line shall be marked out across the field.
- b. A center circle with a six yard radius.
- c. Four corner arcs with a two foot radius.
- d. Goal area - six yards from each goalpost and six yards into the field of play joined by a line drawn parallel with the goal line.

Goals: Maximum six feet high and 6 yards wide, minimum size of hockey goals.

The Ball: Size three.

NUMBER OF PLAYERS: Maximum number of players on the field at any one time: Seven (7), one of whom may be a goalkeeper.

AYSO recommends that should a goalkeeper be used, no one plays more than one quarter in goal.

Maximum number of players on the roster should not exceed

Substitutions: At quarters.

Playing time: MINIMUM of 50% of the total playing time. Coaches will substitute between quarters to ensure that all players present play a minimum of 50% of the game *75% highly recommended*).

Teams and games may be co-ed.

Player's Equipment:

Footwear: Tennis shoes or soft-cleated soccer shoes.

Shinguards: MANDATORY

Referee:

Registered referee.

Parent/coach or assistant.

Referee's decisions final on points of fact connected with the game.

All rule infractions briefly explained to the offending player.

Referees will not be paid.

Linespersons: May use parents as linespersons.

Duration of Game: Four equal 10 minute quarters.

A two minute break between quarter one and quarter two, and another two minute break between quarters three and four.

A halftime break of five minutes between quarters two and three.

The Start of Play: No change from regular play except: opponents must be six yards from the center mark while kickoff is in progress.

Ball In and Out of Play: No change from regular play.

Scoring Method: No change from regular play.

Offsides: There shall be no offside.

Fouls and Misconduct: No change from regular play except:

INDIRECT FREE KICK for all fouls, with the opponents six yards away.

Referee to explain ALL infractions to the offending player.

No caution or ejections issued to players except by an independent neutral referee.

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Free Kick:

All free kicks INDIRECT. A goal may not be scored until the ball has been played or touched by a second player of either team.

No kicks taken by the attacking team within the defending team's goal box.

Penalty Kicks: No penalty kicks.

Throw-In: A second throw-in allowed if a player commits a foul on initial attempt. The referee shall explain the proper method before allowing the player to re-throw.

Goal Kick:

May be taken from any point inside the goal area.

Opponents six yards away from the ball.

Corner Kick: No change from regular play except opponents must be six yards away from the ball.